

ISLENDINGADAGURINN ICELANDIC FESTIVAL RUNNING RACES

55TH 10 MILE/5TH 5K/& 32ND 1 MILE IN PERSON AND VIRTUAL

DIGITAL RACE KIT

July 23rd until midnight on August 7th, 2023

THANK YOU

These running races are made possible in part by the following sponsors:



VIRTUAL RACE INFORMATION

Sunday July 23rd until midnight on August 7th, 2023

The convenience of a virtual race is that it can be ran anywhere in the world, by almost anyone, within a limited period of time.

The Icelandic Festival of Manitoba is pleased to once again offer a running race that can be accessed by many people throughout Manitoba, across Canada, and over the years, by some around different parts of the world.

We encourage you to choose a safe time and location to run your race.
Have a lot of fun!

VIRTUAL RACE TIMING

Each race must be recorded by a device (watch or smart phone) with a Global Positioning System (GPS) function to mark your location and your elapsed time.

Please send the photo to race director, Brett Lamoureux, by email at ifmrunning@gmail.com.

The photo must include the **total distance, elapsed time, and pace of the run**. If you are running with someone else who is registered, an individual photo with the above information needs to be submitted for each registered runner.

RACE MEDAL PICK UP

— THURSDAY AUGUST 3RD, 4–8PM

Gimli Race Kit Pick Up
Icelandic Festival of Manitoba
107-94 1st Avenue
Gimli Manitoba, R0C 1B1

— FRIDAY, AUGUST 4TH, 4–8PM

Winnipeg Race Kit Pick Up
Big Sky Run Co.
194 Tache Ave
Winnipeg, MB r2H 1Z6

— AS OF TUESDAY, AUGUST 8TH, 2023

Icelandic Festival Office
107-94 1st Avenue
Tuesday–Saturday
9:30AM–5:00PM

If you would like your medal shipped to you, please email us your shipping address at info@icelandicfestival.com.

VIRTUAL RACE SCHEDULE

SUNDAY, JULY 23RD, 2023

12:00am Participants are able to officially run the race and post their results.

MONDAY, AUGUST 7TH, 2023

12:00am Race closes and results will be processed

MONDAY, AUGUST 8TH, 2023

12:00pm Top 3 Athletes in each race will be announced online.
Medals available to be picked-up in Gimli

**THANKS AGAIN FOR RUNNING
WITH US! TAKK FYRIR!
HAVE A GREAT RACE! GANGI ÞÉR VEL!**

